6th Annual Arkansas Hand Therapy Forum

Saturday, November 14, 2026
7:30 a.m. - 4:45 p.m.

The Orthopaedic & Spine Hospital
4th Floor Conference Room
801 Cottage Drive, Little Rock, AR 72205



UAMS Health
Therapy & Sports Performance

AGENDA 6th Annual Arkansas Hand Therapy Forum

Track 1 — Room 4205

7:30 a.m. - 8:00 a.m.	Breakfast/Registration
8:00 a.m. - 8:10 a.m.	Welcome and Introduction
8:10 a.m. - 9:00 a.m.	The Therapist's Guide to Upper Extremity Prosthetics Lecture 1 - Angela Green and Steve Martin
9:00 a.m. - 9:50 a.m.	Finger Stiffness: When To Intervene Panel – Dr. Theresa Wyrick, Dr. Tom Frazier, Dr. Sophie Hollenberg, Meaghan Fletcher, Meg Nally, and Amanda West
9:50 a.m. - 10:00 a.m.	Questions & Answers
10:00 a.m. - 10:30 a.m.	Break
10:30 a.m. - 11:20 a.m.	Upper Extremity Dislocations & Management Lab 1 – Dr. Sean Morell
11:20 a.m. - 11:30 a.m.	Questions & Answers
11:30 a.m. - 12:30 p.m.	Lunch Break
12:30 p.m. - 1:20 p.m.	Upper Extremity Nerve Conditions & Management Lab 2 - Dr. John Bracey
1:20 p.m. - 1:30 p.m.	Questions & Answers
1:30 p.m. - 2:20 p.m.	Sports Performance Testing Lecture 2 - Chris Kelsey & Ellie Traeger
2:20 p.m. - 2:30 p.m.	Questions & Answers
2:30 p.m. - 3:00 p.m.	Break
3:00 p.m. - 3:40 p.m.	Edema Versus Lymphedema: What You Need to Know Lecture 3 - Sara Grygus
3:40 p.m. - 3:50 p.m.	Questions & Answers
3:50 p.m. - 4:30 p.m.	Management of Shoulder Injuries Lecture 4 - Michael Martin
4:30 p.m. - 4:45 p.m.	Arkansas Hand Therapy Society (AHTS) Awards
4:45 p.m.	Closing and Adjourn

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Track 2 — Room 4202

7:30 a.m. - 8:00 a.m.	Breakfast/Registration
8:00 a.m. - 8:10 a.m.	Welcome and Introduction
8:10 a.m. - 9:00 a.m.	Scars & Burns Lecture 1 - Mandy Yelvington
9:00 a.m. - 9:50 a.m.	Therapeutic Management for Elbow Fracture/Dislocations Lecture 2 - Mark Ellis
9:50 a.m. - 10:00 a.m.	Questions & Answers
10:00 a.m. - 10:30 a.m.	Break
10:30 a.m. - 11:20 a.m.	Upper Extremity Dislocations & Management Lab 1 – Dr. Sean Morell
11:20 a.m. - 11:30 a.m.	Questions & Answers
11:30 a.m. - 12:30 p.m.	Lunch Break
12:30 p.m. - 1:20 p.m.	Upper Extremity Nerve Conditions & Management Lab 2 - Dr. John Bracey
1:20 p.m. - 1:30 p.m.	Questions & Answers
1:30 p.m. - 2:20 p.m.	Scapular Mechanics Impacting the Upper Extremity Lecture 3 – Abi Land
2:20 p.m. - 2:30 p.m.	Questions & Answers
2:30 p.m. - 3:00 p.m.	Break
3:00 p.m. - 3:40 p.m.	TOS: Assessment & Effective Treatment Strategies Lecture 4 - Crystal Henry
3:40 p.m. - 3:50 p.m.	Questions & Answers
3:50 p.m. - 4:30 p.m.	A Practical Approach to Shoulder Therapy: Private Practice Realities Lecture 5 – Kenny Ness
4:30 p.m. - 4:45 p.m.	Arkansas Hand Therapy Society (AHTS) Awards
4:45 p.m.	Closing and Adjourn

Program Speakers



John Bracey, MD
UAMS Hand Surgeon



G. Thomas Frazier, MD
UAMS Hand Surgeon



Sophie Hollenberg, MD
UAMS Hand Surgeon



Sean Morell, MD
UAMS Hand Surgeon



Theresa Wyrick, MD
UAMS Hand Surgeon



Mark Ellis, OTR/L, CHT
Occupational Therapist
UAMS



Meaghan Fletcher, OTR/L, CHT
Occupational Therapist
UAMS



Angela Green, OTR/L
Occupational Therapist
UAMS



Sara Grygus, OTR/L
Occupational Therapist
UAMS



Chris Kelsey, OTR/L, CHT
Occupational Therapist
UAMS NWA



Abi Land, PT, DPT, OCS
Physical Therapist
UAMS



Meg Nalley, OTR/L
Occupational Therapist
UAMS



Ellie Traeger, OTD
Occupational Therapist
UAMS NWA



Amanda West, OTR/L, CHT
Occupational Therapist
UAMS



Crystal Henry, OTR/L, CHT
Occupational Therapist
Ozark PT Specialists



Michael Martin, OTR/L, CHT
Occupational Therapist
Precision One Therapy



Steve Martin, OTR/L
Occupational Therapist
Össur Academy



Kenny Ness, OTR, CHT
Occupational Therapist
Trinity Rehabilitation



Mandy Yelvington, Ph.D.,
OTR/L, BCPR, BT-C
Occupational Therapist
Arkansas Children's Hospital