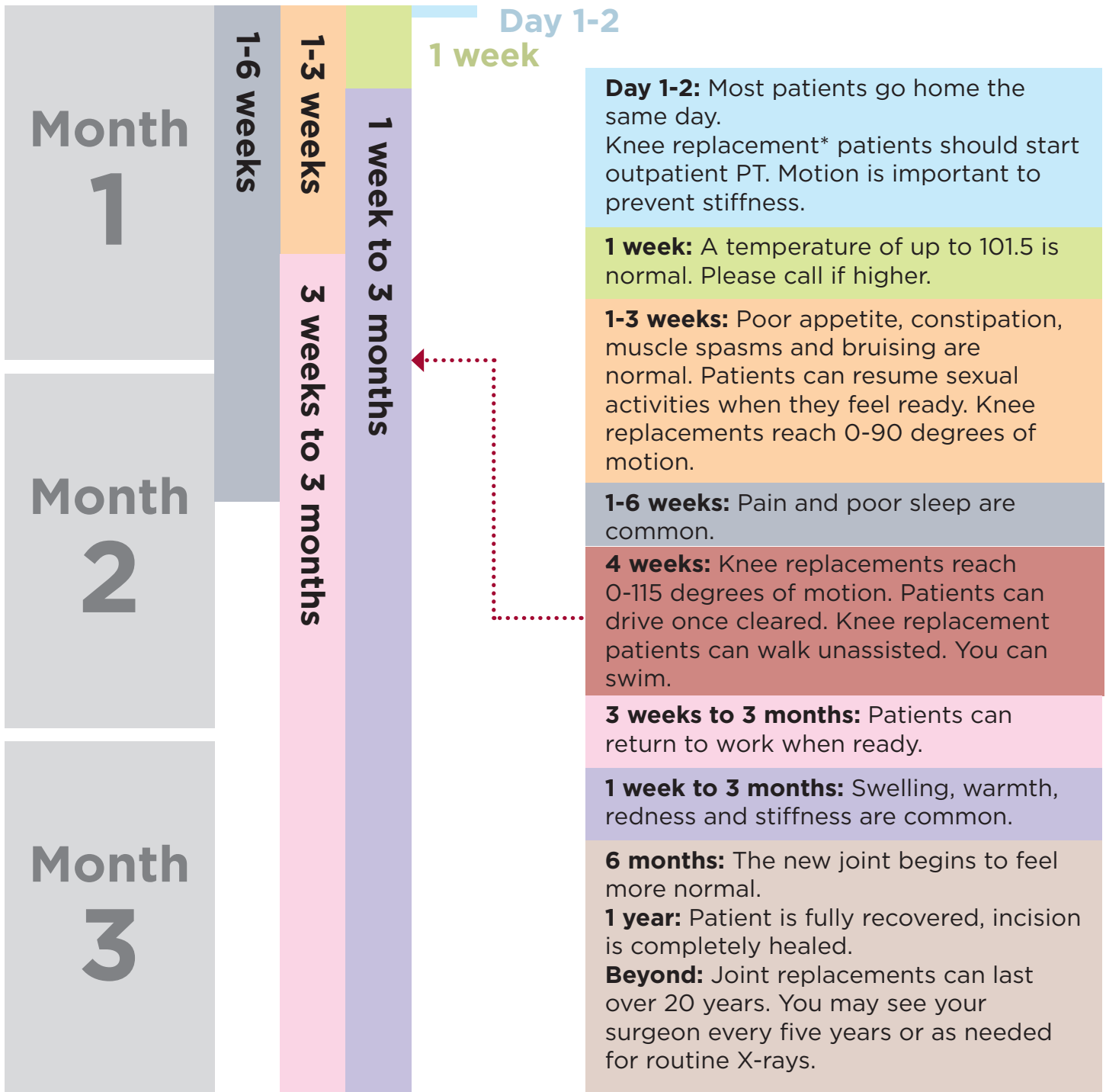


Hip & Knee RECOVERY TIMELINE

Timeline will vary for every patient.



6 months, 1 year and Beyond

**Hip replacements only need gentle, home exercises. Activity is more cautious to prevent injury. Patients should use their walkers until released by their surgeon.*